



## IS YOUR JAW HURTING?

### You might be suffering from **TMJ** temporomandibular joint syndrome

TMJ disorder is painful and can have a wide array of symptoms. Although this painful condition affects millions of Americans each year, many people treat TMJ disorder as an annoyance with over-the-counter medicines. However, ignoring TMJ disorder commonly results in the worsening of the symptoms down to the impairment of your jaw function.

If you are experiencing any of these symptoms, Dr. Fotek has the solution. Contact the Dental Healing Arts for relief.

- Migraines or headaches
- Problem with opening and closing your mouth
- Chronic ringing of the ears (tinnitus) or ear aches
- Jaw popping or clicking when opening or closing your mouth
- Common discomfort around your temples, jaw, or the side of your face
- Random shoulder or neck pain that you cannot attribute to a certain injury



**Dr. Ilona Fotek**

*Ask Dr. Fotek how she can help you.*